

Be Nice Muthafucker Manifesto

- Ten tips for getting what you want without fucking yourself or anyone else in the process.

1. Be nice and try not to be a cunt. It can be difficult, but it's always better to take the lead on shaking hands. We are talking about mental Kung Fu.

2. Give people the benefit of the doubt - their day might have been even shitter than yours.

3. Don't bitch about people behind their back. Whilst it may seem cathartic at the time, it will probably come back to bite you in the arse.

4. Don't bitch about people to their face. This is what politicians do and you don't wanna be grouped in with them bunch of cunts.

5. Are you angry? Do you feel like sending a rinsing email? Sleep on it, you'll probably feel better in the morning and won't say something you later regret.

6. Don't kiss someone's arse just because you want something from them. Instead, try to offer something of real value in return.

7. Operate on a need to know basis - keep your opinions to yourself and don't talk about things that haven't come to fruition yet.

8. Is it important? Then pick up the phone. Emails and social media suck for any kind of higher level communication.

9. Stay cool muthafucker - don't waste your energy worrying about someone else's shit.

10. Every now and then (maybe once per year), fuck all this and call someone a fucking cunt right to their face, just so people know you ain't no pussy arse bitch.